



Job Title: Licensed Mental Health Professional (LMHP)

Location: Annandale, VA (In-Person or Hybrid)

Employment Type: Full-Time or Part-Time

FLSA: Exempt (when full time)

Pay: \$70,000 to \$90,000 (\$35.00 to \$43.00/ hr)

About Saayeg Wellness Center

As a Veteran-Owned business, Saayeg Wellness Center blends clinical excellence with human-centered care. Based in Annandale, VA, our team of therapists, counselors, and assessors supports individuals and families through anxiety, trauma, depression, and life transitions. We're passionate about helping our community rediscover balance and resilience through evidence-based, inclusive, and collaborative behavioral health services.

Position Overview

We are seeking a dedicated and empathetic Licensed Mental Health Professional (LMHP) to join our multidisciplinary behavioral health team. This role provides individual and family therapy with a focus on trauma-informed, culturally responsive care. The LMHP will support clients through therapeutic interventions that promote healing, growth, and resilience—aligned with Saayeg's holistic, person-centered philosophy.

Key Responsibilities

- Provide individual, group, and family therapy services using evidence-based approaches
- Conduct intake assessments, develop treatment plans, and complete ongoing clinical documentation
- Collaborate with psychiatrists, nurse practitioners, and other team members for integrated care planning
- Support crisis intervention and safety planning as needed
- Maintain accurate, timely clinical records in compliance with HIPAA and ethical guidelines
- Participate in team case reviews, clinical supervision, and continuing education
- Contribute to program development and quality improvement initiatives



Qualifications

- Licensed in Virginia as an LPC, LCSW, or LMFT (or eligible for licensure)
- Master's degree in Counseling, Social Work, Marriage and Family Therapy, or a related field
- Minimum of 1 year of experience providing therapy in a mental health or behavioral health setting (preferred)
- Strong interpersonal skills and a commitment to culturally inclusive, trauma-informed care
- Experience with veterans and/or military families is a plus
- Proficiency in EMR systems and documentation best practices

Physical & Mental Requirements

The physical and mental demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job, with or without reasonable accommodation:

- **Physical Requirements:** Ability to sit, stand, and walk for extended periods; occasionally lift or move up to 15 pounds; perform repetitive hand and wrist motions; use a computer and telephone frequently.
- **Cognitive/Emotional Requirements:** Ability to maintain attention and concentration for extended periods; handle multiple tasks and prioritize; communicate effectively with clients and team members; exercise sound clinical judgment; manage emotional intensity in a behavioral health setting.
- **Work Environment:** Primarily office or clinical setting. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions of this role.

What We Offer

- Supportive, mission-driven work environment with an emphasis on collaboration
- Flexible scheduling and potential hybrid work model
- Competitive compensation and professional development opportunities
- The chance to make a meaningful impact in a growing wellness center deeply rooted in community care

